



Summer 2018 Rockville Rays Swim Team Registration Information

The Rockville Rays is a Summer Swim Team at the Rockville Swim and Fitness Center (RSFC). This summer, the Rockville Rays will be competing in Division A of the Montgomery County Swim League (MCSL) along with Stonegate, Germantown, Tallyho, Bethesda and Tilden Woods.

Our program consists of a series of dual meets divided into two levels of competition. The advanced 'A' meets are limited in the number of competitors per team (meet entries completed by coaches), while the 'B' meets are open to any swimmer not competing in the 'A' meets. We have a full season of Saturday 'A' meets and Wednesday night 'B' meets, so all of our swimmers will have an opportunity to compete in at least one meet each week. Swimmers must be able to swim at least one length of the pool (without stopping) to join the team, as evaluated by the coaches.

VERY IMPORTANT DATES!! These are important dates for the Rays, and we need many volunteers:

- June 1-3: Concessions sales for the Maryland Long Course Meet (at RSFC), each family has to fill in at least one sale spot during the three-day meet. See volunteer info section of this packet for details.
- June 8, 6:30pm: Parent Orientation Meeting. 6:00pm-7:00pm: Team Suit Fitting (at RSFC)
- June 9, 8am: <u>Time Trials and Group Picture Day.</u> Participation by all families is needed to help run Time Trials. This meet determines our swimmers' initial seed times. We will need all parents to be available to help run the meet. Please note that only swimmers who have registered by and paid their fees by 6/6/18 can participate in the Time Trials.
- July 1 Relay Carnival at Stonegate; (Rain date July 8)
- July 21 Division Championships at Germantown Outdoor Pool; (Rain date July 22)
- July 28-29 Concession sales for All Star Meets (at Rockville).

Practice Schedule:

Rays Team practice starts Tues. May 29, in the South Pool (indoors at Rockville Swim and Fitness Center).

Tuesday May 29 until June 15, swim team practice will be from 4pm – 5:30pm (Mon – Fri).
 Monday June 18 until July 20, swim practice will change to 5pm-6pm (10 and under) and 6pm–7pm (11 and older) Mon, Tues, and Thurs. Friday practices will be 5pm-6pm (for all swimmers) so our Friday parties can start at 6pm. Starting June 18, all swimmers must use the outdoor entrance and outdoor shower facilities when coming to or leaving practice.

Additional developmental practice clinics will be available on Tuesdays from 4pm-5pm (thru 7/10) for swimmers to focus on specific skills – details will be shared by the coaching staff.

Registration & Fees:

First, visit http://rockvillerays.us and complete the online registration form. After a successful registration, you will receive a "confirmation email." Please take this email (print-out or phone) to the Rockville Swim and Fitness Center to finalize registration. This includes: completing the City of Rockville Registration Form and submitting payments to the City of Rockville AND Rockville Rays Parents (more details below). Most of our team communication including swim meets sign-ups, and parent volunteer sign-ups are on-line. To allow for team planning, do not delay in registration. In order to attend the time trial, registration must be completed and payments submitted by June 6th. Any registration after June 6th will still be accepted until June 15th; however, those individuals won't be able to attend the time trial.

Fees (two fee payments are required):

Payable to the City of Rockville Payable to Rockville Rays Pare	rents
Member* Non-Member AND	
\$130 per swimmer \$265 per swimmer \$50 per family	

^{*} To take advantage of the special pricing for Rockville Swim and Fitness Center Members, the Rays swimmer must be registered for an active aquatics or full facility membership spanning the entire session of the swim season (25 punch passes are not included). See http://www.rockvillemd.gov/index.aspx?NID=400 for details on membership plans available.

Transfers to and from the Rays for swimmers who competed on a different MCSL team in the prior season:

MCSL has implemented rules and procedures governing movement of swimmers among teams within the league. If a swimmer had participated on a different MCSL team last year, or if for some reason a prior Rays swimmer will be joining a different MCSL team for 2018, be sure to check the league's website at www.mcsl.org for instructions on how to seek approval for a transfer. If MCSL approval is required (see website for details), transfer requests must be submitted by 5/1/18.

Parent Volunteer Information:

Every family on the team is a member of the Rockville Rays Parents group, which exists to support the swim program. This year, volunteering will be required in order for your child to swim. If parents do not sign-up for at least 5 volunteering opportunities (at meets and concessions) after registration, their swimmer will lose the eligibility to be entered in any swim meets. Volunteer opportunities include officiating, timing, clerk of course, and other jobs listed on our sign-up website. Please seriously consider becoming a Stroke & Turn Official or Starter. MCSL offers classes (see below and on the http://www.mcsl.org/Officials.aspx) and you will be able to shadow more experienced officials to continue the training process. The Rockville Rays Parents group also staffs a concession stand during several big swim meets this summer at the Rockville Swim and Fitness Center (Long Course, and All Stars), so we need Rays parents to volunteer to sell concessions. The revenue generated from these activities helps support the Rays and keeps our registration fees lower compared to other MCSL teams. Parents who are certified MCSL officials and serve at least three times in B meets, or join an automation clinic and serve at least three B meet automation sessions will get the family club fee refunded to them by July 18th.

Officials Clinics:	Register at www.mcsl.org/Officials.aspx , the left hand menu	en choose Officials Certification on the
Tue May 22 7 pm	Adv. Ref (certified refs only)	MLK Swim Center
Sun Jun 3 8 am	Ref/ Starter/ S&T (choose one)	Olney Swim Center
Mon Jun 4 6 pm	S&T	Flower Hill
Wed Jun 6 6 pm	Ref/ Starter	Connecticut Belair
Sun Jun 10 8 am	Ref/ Starter/ S&T (choose one)	Olney Swim Center
Tue Jun 12 7 pm	S&T	Germantown Indoor Swim Center

Team Suit Information:

The Rays team swim suit this year will be the Dolfin Jolt (blue). Costs are as follows: Boy's (jammer) suit is \$32, the boy's (brief) suit is \$25, and the Girl's suit is \$46. Team suits are available for purchase from Capital Sport and Swim (301-949-7366), located at 10558 Metropolitan Ave, Kensington MD 20895. Capital Sport and Swim will also provide fitting service prior to time trials at the Rockville Swim and Fitness Center on June 8th from 6pm to 7pm, and the suits will be available for purchase on site with either cash, check, or credit card. Please make sure kids remain DRY for the fitting prior entering the pool. The Team suit is strongly encouraged this year when attending A or B meets.

For 2018: There will be one Rays T-shirt per household included in this year's fees. Latex Caps and additional T-shirts can be purchased for \$7.00 each during Parent Orientation on June 8th. Silicone caps are \$12.00 a piece.

Additional Questions:

Please feel free to contact Team Representatives Charlene Yao via email at <a href="https://htm.ncb.nl

Rockville Rays - 2018 CALENDAR

Practices: Tues May 29 -	- June 15	Practice Begins and Registration Due Mon – Fri 4pm-5:30pm	South Pool
Monday June Friday July 20	18 –	Monday, Tuesday, Thursday 5PM – 7PM Friday 5PM – 6PM	South Pool (Outdoor Entrance)
Tuesdays (Jun	ne 19 – July 10)	4 PM – 5 PM Skills Development Clinics (Additional Details to be shared by coaches)	South Pool (Outdoor Entrance)
Meets & Eve	nts		
Friday June 1	3pm	Concessions for Maryland Long Course Meet	Rockville Fitness Pool
-Sunday June	3 8pm	Volunteers needed - Each family must fill in a	
Fri June 08	6pm	Rays Party 6PM	Outdoor Sundeck
		Suit Fitting 6PM	Conference Room A
Fri June 08	6:30pm	Parent Orientation Meeting 6:30PM	Conference Room A
Sat Jun 09	8:00 am	Rays Time Trials Group Picture	Rockville Fitness Pool
Fri June 15	6:00 pm	Rays Party	Outdoor Sundeck
Sat Jun 16	9:00 am	A Meet: Rays vs. Germantown	Rockville Fitness Pool
Wed Jun 20	6:00 pm	B Meet: Bethesda	Rockville South Pool
Fri Jun 22	6:00 pm	Rays Party	Outdoor Sundeck
Sat Jun 23	9:00 am	A Meet: Rays vs. Tallyho	Tallyho pool
Wed Jun 27	6pm	B Meet: Woodley Gardens	Woodley Gardens pool
Fri Jun 29	6:00 pm	Rays Party	Outdoor Sundeck
Sat Jun 30	9:00 am	A Meet: Rays vs. Bethesda	Rockville Fitness Pool
Sun Jul 1	9:00 am	Relay Carnival (rain date July 8)	Stonegate Pool
Thr Jul 5	5:30 pm	B Meet: KM	Kemp Mill Pool
Fri July 6	6:00 pm	Rays Party	Outdoor Sundeck
Sat July 7	9:00 am	A Meet: Rays vs. Tilden Woods	Tilden Woods pool
Tue July 10	6:00 pm	Coaches Long Course Invitational	Rockville Fitness Pool
Wed July 11	6:00 pm	B Meet: Rays vs. Bethesda	Bethesda Pool
Fri July 13	6:00 pm	Rays Party	Outdoor Sundeck
Sat July 14	9:00 am	A Meet: Rays vs. Stonegate	Rockville Fitness Pool
Wed July 18	5:30 pm	B Meet: Inter Squad	Rockville South Pool
Fri July 20	5:00 pm	Rays Family Fun Relay	Indoor South Pool
•	6:00 pm	Rays party and Awards for Family Relay	Outdoor Sundeck
Sat July 21	6:00 am	A Divisional Championship Meet	Germantown Outdoor Pool
		(rain date 7/22)	
Sat July 28		MCSL All-Star Relays	Rockville Fitness Pool
Sun July 29		MCSL Individual All-Stars	Rockville Fitness Pool
Sun July 29		Rays Team Banquet	Richard Montgomery H.S.
541. 641y 20		. a, o roam banquot	





Office Use Only:
Course #5807
Date Processed:
Initials:

ROCKVILLE RAYS SWIM TEAM REGISTRATION FORM - 2018

The **REGISTRATION FEE** of \$50.00 per family is payable by **check only** to: "ROCKVILLE RAYS PARENTS."

Please visit the Rays website (http://www.rockvillerays.us) to complete the Team Membership Form.

Documentation of Online Sign-Up will be required before payment is accepted at the Swim and Fitness

Center to finalize registration for the team.

The **PROGRAM FEE** paid by cash, check (payable to **City of Rockville**) or credit card at the Swim and Fitness Center Front Desk is \$130.00 for Swim and Fitness Center members, \$265.00 for non-members.

Note that membership must be valid for the swimmer, for the length of the Rays program

PARENTS' NAMES			
	Last	First	MI.
	Last	First	MI.
ADDRESS			
CITY		STATEZIP	
Home Phone #		Mother's Work #	Father's Work #
Email (very important			
SWIMMERS:			
LAST FIRST MI.	M	/ F DOB	Note for Swimmers transferring from other MCSL teams: If a swimmer had participated
	M	/ F DOB	on a different MCSL team last year, check the league's website at www.mcsl.org for
LAST FIRST MI.		/F DOD	instructions on how to seek approval for a
LAST FIRST MI.	M	/ F DOB	transfer. If MCSL approval is required (see website for details), transfer requests must be
LAST FIRST MI.	M	/ F DOB	submitted by 5/1/18.

Release, Waiver, Assumption of Risk and Consent

Participation in the program may be a hazardous activity. Participant should not participate in the program unless participant is in good physical shape and is medically able. Participant (or parent or guardian on behalf of a minor child participant) assumes all risks associated with participation in this program, including but not limited to, those generally associated with this type of program, the hazards of traveling on public roads, of accidents, of illness, and of the forces of nature. In consideration of the right to participate in the program and in further consideration of the arrangement made for the participant by the Mayor and Council of Rockville through its Department of Recreation and Parks for food, travel, and recreation, the participant, his or her heirs, and executors, or a parent or guardian on behalf of a minor child participant, agrees to release and indemnify the Mayor and Council of the City of Rockville and all of its agents, officers and employees, from any and all claims for injuries or loss of any person or property which may arise out of or result from participation in the program. The participant (or the parent or guardian on behalf of a minor child participant) grants permission for a doctor or emergency medical technician to administer emergency treatment of the participant and consents to the City's use of photographs taken or videotapes made of the program that include the participant. Neither the instructor nor any of the staff are responsible for participants prior to or after the scheduled program. By my participation in a City of Rockville, Department of Recreation and Parks program and/or entering this facility, I agree to follow all posted and/or published rules and staff member's instructions. Violation may result in removal from the program and/or suspension from the facility.

Signature of Participant/Gua	rdian